



Planet Youth Workshop

Based on the Icelandic Prevention Model

DATES: 30th - 31st of May 2018

VENUE: Natura Hotel Reykjavik Icelandair

Optional Study Visits: 1st June 2018

ADDRESS: Nautholsvegur, 101 Reykjavik, Iceland

During these three days participants will get in depth knowledge about the Icelandic Primary Prevention Model. After the Workshop participants should have adequate information on the feasibility and next steps for implementation of the model in their communities.

AGENDA

DAY 1: Wednesday 30th May

Morning session 09:00 to 12:30 – SETTING THE SCENE

- General introduction to the Planet Youth model
 - Methodology and history
 - The practical pillars of success
- Primary prevention as a building block for healthy communities
 - A brief history and scientific criteria for the model, theory and practice
- Discussion

Afternoon session 13:30 to 16:00 – CORE FACTORS

- The role of municipalities in structural collaboration and networking
 - Implementing research into local work-processes
- Raising community awareness, organizing and communication
 - Community outreach and motivation
- Discussion

DAY 2: Thursday 31st May

Morning session 09:00 to 12:30 - RESOURCES

- From survey to implementation
 - Field procedures for data collection, coordination and use of data
- Opportunities and outcomes
- Discussions

Afternoon session 13:30 to 16:00– IMPLEMENTATION OF THE MODEL

- Implementation of the model in new communities
- Demonstration of successful approaches
- Discussions

DAY 3: Friday 1st June

Field trips. Visit to recreational facilities, NGO's and more

*Stand up breaks/coffee at regular intervals. Lunch included 30th and 31st of May.
Guests arrange transportation and accommodation by themselves.*

PARTICIPATING INSTRUCTORS



About Alfgeir Logi Kristjansson

Alfgeir Logi Kristjansson, is our colleague for 12 years, since 2004. PhD Social Medicine, Karolinska Institute, 2010. MSc Social Research Methodology, University of Edinburgh, 2004. BA Sociology, University of Iceland, 2003. Alfgeir has published over 50 peer reviewed papers on prevention and one of his special fields is in how to make practical, local use of research findings. Alfgeir currently holds the three following positions: Assistant Professor (2012 – present), Department of Social and Behavioral Sciences, West Virginia University, School of Public Health, Research Fellow (2010 to date), Karolinska Institute, Department of Public Health Sciences, Health Promoting Behavior Research Group and Senior analyst and data coordinator (2006-date), Icelandic Centre for Social Research and Analysis, Reykjavik, Iceland.



About Gisli Arni Eggertsson

Gisli Arni Eggertsson, a senior manager at the City of Reykjavik for more than 30 years. His main responsibilities are development of interventions in the city, cooperation with professionals in other areas of the city, research institutes and NGOs. Responsible for planning and development in the field of youth and leisure. Central coordinator of services and projects within the department, including the Leisure Card which is a system to subsidize participation in organized youth activities. Oversees development of cooperation and integration in neighbourhoods and contracts for services to children and youth, environment, social capital and public health projects. Other tasks include teaching and lecturing at the University of Iceland and research in the field of non-formal education and prevention. Gisli has been a member of the consultative committee for prevention in Reykjavik city for 25 years. The committee is responsible for strategic planning and development of prevention work in the city.



About Inga Dora Sigfusdottir

Inga Dora Sigfusdottir is a Professor at Reykjavik University. She also serves as a Visiting Professor at the Institute for Folkhälsovetenskap at Karolinska Institutet in Stockholm and as a Research Professor in the Department of Health and Behavior Studies at Teachers College, Columbia University in New York. Most of her scientific work can be described as sociological research on youth and adolescents and their health and well-being. Her work has focused on the study of risk and protective factors in the prevention of adolescent delinquency and, more recently, health related behaviour. Inga Dora is the founder and CEO of ICSRA – The Icelandic Center for Social Research and Analysis.



About Jon Sigfusson

Jon Sigfusson is the Director of the Icelandic Centre of Social Research and Analysis (ISCRA) since 2002. His main responsibilities as Director of ISCRA are overseeing and networking large scale research projects and data collection for youth worldwide. Jon supervises the Youth in Iceland and Youth in Europe programs; evidence-based projects of primary community-based health promotion intervention. Paralleling his main responsibilities, Jon has served as a board member and coordinator on various projects also aimed at enhancing social factors and well-being of youth and promoting effective intervention, based on proven methods. Jon has held numerous lectures on Evidence Based Prevention at international conferences for years.

PARTICIPATING INSTRUCTORS CONTINUED



About Patricia Ros García

Patricia Ros Garcia has been the Director of the Municipal Prevention Service of Addictions, in Tarragona City Hall since 1991. Clinical Psychologist, University of Barcelona (1986), and Master in Psychotherapy of groups and organizations, University of Deusto (Bilbao 1994). Her main responsibilities as Director of The Prevention Service in the city of Tarragona are to establish the technical approaches and strategic lines of municipal action, to facilitate the development of different prevention programs and projects, and to link them with other health promotion projects in the city. She coordinates and collaborates with other departments of the city council as well as with other public and private institutions in Tarragona. She is also the interlocutor of the Service with the politicians of the local government. Patricia is in charge of representing the city council in the different national and international forums held in the field of drug prevention and public health, and she has held numerous lectures about community drug prevention around Europe. The service has received first prize for good practice in the category of community drug prevention granted by the National Plan on drugs. She and her team have been the creators and promoters of the group of youth health agents: Komandi Nits Q, who were recognized by the Pompodou Group. NPatricia is the Co-founder of the Periférics Network, formed by private entities and public bodies that work in the field of drug prevention all over Catalonia.



About Emanuel Adrian Sârbu

Emanuel Adrian Sârbu is a senior lecturer and associate professor of Bucharest University. He is also the Head of Department for the Relation with the Civil Society and other Social Actors from the General Directorate of Social Welfare – Bucharest Municipality. PhD in Theology (2010), PhD in Sociology (2016) - University of Bucharest; MDiv (2016), MA in Practical Theology (2006) - TCMI Institute, Austria; BA in Sociology and Psychology (2007), BA in Theology and Philology (2000).

Adrian's research agenda and interest is focused on public relations, public policies, social research methodology, suicide prevention, substance use, counselling and social welfare system. He is the author and co-author of six books and of numerous articles and scientific studies in the fields of Sociology, Suicidology, Social Work, Communication, Theology. He's been our colleague since 2008.



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